

menu



BOOK NOW ONLINE www.FingerLakesWellness.com

607-776-3737

7531 County Rt. 13, Bath, NY 14810

signature grapeseed sessions



Grapeseed Body Polish	90 min.	\$110.00
Grapeseed Herbal Body Wrap	90 min.	\$110.00
Seasonal Body Glow Session: Winter, Spring, Summer, Fall specials!	90 min.	\$110.00
(Above sessions include shower and ½ hour massage)		
Grapeseed Hand and Foot Reflexology	60 min.	\$75.00
Grapeseed Pedicure	60 min.	\$65.00
Grapeseed Manicure	45 min.	\$50.00

nail care

Natural Manicure	30 min.	\$25.00
Spa Manicure	45 min.	\$40.00
Grape Peel Manicure	45 min.	\$50.00
Child's Special Manicure		
12 & under	30 min.	\$20.00
Natural Pedicure	45 min.	\$45.00
Spa Pedicure	60 min.	\$60.00
Grape Peel Pedicure	60 min.	\$65.00
Child's Special Pedicure		
12 & under	45 min.	\$40.00
Shellac Nail Polish Finish	15 min.	\$15.00
French Tips		\$5.00

waxing

Lips	\$10.00
Chin	\$10.00
Brows	\$12.00
Underarms	\$20.00
Lower arms	\$30.00
Full arms	\$40.00
Bikini	\$40.00
Back	\$50.00
Lower legs	\$35.00
Full legs	\$55.00



add-ons

Ear Candling - 2 candles	½ hour	\$40.00	Eye Treatment	\$10.00
Extra candles each		\$20.00	Spa Lunch (includes tax and gratuity)	\$14.00
Paraffin Dip - Hands or Feet	15 min.	\$20.00		

Complete list of our menus at:
www.FingerLakesWellness.com

facials

Featuring Plantogen Botanical Skin Care Product. Useful for all skin types plus sensitive skin, rosacea, acne and counter-aging.

Finger Lakes Facial	30 min. \$45.00	60 min. \$75.00
Back Facial	30 min. \$45.00	60 min. \$75.00
Gentleman's Facial	30 min. \$45.00	60 min. \$75.00

massage therapy

Finger Lakes Massage	30 min. \$45.00	45 min. \$60.00	60 min. \$75.00	90 min. \$100.00
Aromatherapy Massage	30 min. \$50.00	45 min. \$65.00	60 min. \$80.00	90 min. \$105.00
Maternity Massage	30 min. \$45.00	45 min. \$60.00	60 min. \$75.00	90 min. \$100.00
Hot Pack Relax Massage	30 min. \$45.00	45 min. \$60.00	60 min. \$75.00	90 min. \$100.00
Paraffin Dip & Reflexology - Hands or Feet				45 min. \$50.00
Hot Stone Massage				75 min. \$90.00
Raindrop Essential Oil Session				60 min. \$85.00
Four Hands Massage				60 min. \$150.00
Two by Two Massage			60 min. & relax and beverage	\$160.00

gift certificates

Gift Certificates are a wonderful way to treat a friend, family member or loved one! We offer gift certificates in any denomination for services or products.

Gift Certificates can be purchased:

Reception Desk • By Phone: 607-776-3737 • Email@FingerLakesWellness.com

Online: www.FingerLakesWellness.com

wine country spa packages



Riesling Rejuvenation

Stimulate the senses with our ultimate vineyard experience! Choose three, one hour sessions: massage, body polish, body wrap, facial, manicure or pedicure. Enjoy our complimentary spa lunch as you lounge in our comfy robe and slippers. Grapeseed gift package included.

Plan 4 hours \$240.00

Cabernet Crush

Enjoy the sensation of grapeseed products during this spa experience! Lounge around in a comfy spa robe and slippers and relax during an hour massage plus your choice of two ½ hour sessions: manicure, pedicure, grapeseed back polish, hot pack massage or facial. Tea, snack and spa gift included.

Plan 3 hours \$180.00

Sauvignon Special

Enjoy our sampler of sessions in wine country style! Choose any three 1/2 hour sessions from the following selections: therapeutic massage, hot pack massage, grapeseed back polish, facial, manicure, or pedicure. Package includes a lovely spa gift to continue your spa experience at home and tea time.

Plan 2 hours \$140.00

Personal Packages

Create your own personalized package of three or more services and receive 10% off your total bill.

stay and spa packages

Just the Two of You!

Come and relax and experience the beauty of **Hickory Hill Family Camping Resort** AND the **Finger Lakes Wellness Center & Health Spa**. Package includes two nights lodging, a 2 x 2 massage, a \$20.00 gift certificate for dinner and a Welcome Basket with a local bottle of wine.

Cabin - \$390 Cottage - \$490 Lodge - \$560

All prices based on double occupancy



Girls Weekend Out!

De-stress yourself by leaving the guys at home and staying at **Hickory Hill Family Camping Resort** with the girls! Take time out for "YOU" this weekend and get a ½ hr. massage, ½ hr. facial and a natural manicure at the **Finger Lakes Wellness Center & Health Spa**. Enjoy a \$20.00 gift certificate for the group at a local restaurant and a Welcome Basket with a local bottle of wine.

Cabin - \$660 Cottage - \$760 Lodge - \$831

All prices based on a party of four. Additional People are \$104 per person

spa parties

The **Finger Lakes Wellness Center and Health Spa** is the perfect place to celebrate a Wedding, Anniversary, Birthday, or other special occasion. Looking for a unique way to treat your co-workers or staff? We are able to accommodate 10-15 guests for a 2-4 hour event. Bring the girls and/or the guys! Choose from the following menu items:

Therapeutic Massage

Spa Manicure

Grapeseed Back Polish

Natural Pedicure

Hot Pack Relax Massage

Ear Candling

Finger Lakes Facial

Hand or Foot Reflexology

All sessions are 30 min. \$45.00

Book 10 or more sessions for your group and receive 10% off the total bill.

Add a spa gift for each guest for \$5.00. Add refreshments from our food menu.

Guidelines Please arrive at least 15 minutes prior to your session, so that you have time to change, relax and complete a personal profile. We will try to accommodate you if you happen to be late, but can not promise your full service time. Please note that hours of operation and prices are subject to change without notice.

Etiquette: Upon arriving, you will be checked in and given a robe and towels for those services requiring clothing changes. For the consideration of our guests, cell phones, pagers or other electronic devices MUST be turned off. We ask that you respect our quiet areas while others are enjoying their services.

Children: We love children, however, in an effort to ensure a relaxing environment, no children are allowed in the Wellness Center unless they have a scheduled service.

Medical Considerations/Special Needs: Please inform our staff when scheduling any services if you have medical concerns or special needs. Individuals who will be arriving in wheelchairs are welcome to park behind the Activity Hall and follow the paved sidewalk to our reception office.

Appointment Policy: A credit card is required to reserve your appointment date and time. No shows or less than 24 hour cancellation will be billed 50% for the services reserved. If the same service can be filled, you will not be charged.

Payment: Payment is made at the end of your visit at the reception desk. We accept cash, checks, and Visa, Master Card and Discover. Prepaying is always an option. Gift certificates need to be presented to be redeemed.

Location 7531 County Rt. 13, Bath, NY. 14810

Comfortable proximity to Rochester, Elmira, Corning, Binghamton, Buffalo, Ithaca, Watkins Glen and the Finger Lakes wineries. Nestled on 215 acres of natural beauty at Hickory Hill Family Camping Resort. Seasonal lodging available.

Directions Follow Route 17/86 and take the Bath/Hammondsport Exit 38. Take Route 54 north for 1 mile through town. At the fork in the road, stay left, follow for two miles. The Finger Lakes Wellness Center & Health Spa is just past the entrance to Hickory Hill Family Camping Resort.

"Feel Good, Do Good" Our non-profit sister organization Wellness G.I.F.T.S., *"Giving Inspiration For the Soul"* to individuals with special needs. Your support of the Finger Lakes Wellness Center & Health Spa provides the same services to our guests with special needs. Website: www.GiftsRetreats.com Phone: 607-776-3737 • Email: Wellness@GiftsRetreats.com • Check out Facebook & Twitter!

Contact Information BOOK NOW ONLINE at www.FingerLakesWellness.com

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Facebook & Twitter us!

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